

Your assessment journey

Every assessment is tailored to the person and its purpose. This is the usual pathway; your clinician will explain which steps apply to you.

1

Enquiry and clinician matching

- Tell us what you are hoping to understand.
- We help identify a clinician with the relevant service, age range and delivery option.

2

Initial appointment

- Discuss concerns, history, strengths, goals and the reason for the assessment.
- The appointment is usually 90 minutes.

3

Personalised plan and quote

- Your clinician recommends the assessment components required.
- The clinic confirms the scope, documentation, likely timing and tailored quote before you proceed.

4

Information and assessment sessions

- Complete the interviews, questionnaires or standardised measures selected for you.
- With consent, relevant reports or information from family, school or other sources may be considered.

5

Feedback and documentation

- Meet with your clinician to discuss the findings and whether diagnostic criteria are met.
- Receive the agreed report or other documentation if it forms part of the assessment scope.

6

Recommendations and next steps

- Review practical recommendations and relevant supports.
- Share the report with other professionals or organisations where appropriate and with your consent.

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The number and length of appointments vary. Additional testing, missing documents or delays in receiving supporting information can change the timing.